

Collecting Semen Analysis and Sperm Check Samples

Note: Unless otherwise specified by your physician, you need to abstain from ejaculation for 2-5 days prior to collection and avoid the use of lubricants.

Complete Semen Analysis:

1. Collect specimen directly into the specially provided clean and dry plastic container. Do not collect specimen in a condom (unless a "fertility condom" supplied by a physician) because condoms may contain additives that can affect the analysis.
2. Transport specimen to the laboratory in a clothing pocket if possible to maintain it near body temperature. The specimen must be received at the laboratory within one hour of collection.

Post-Vasectomy Sperm Check:

1. Collect specimen directly into the specially provided clean and dry plastic container. Condom collected specimens are acceptable.
2. Transport specimen to the laboratory for analysis as soon as possible.

PLEASE PROVIDE THE FOLLOWING REQUIRED INFORMATION WHEN SUBMITTING YOUR SAMPLE FOR ANALYSIS

Name: _____ Date: _____

(PARTN) Partner's Name: _____

Time collected: _____ Time received in lab: _____

(SXCT) Last date of sexual intercourse / ejaculation (estimate if necessary) _____

PLEASE CIRCLE YOUR ANSWER

(UASP) Have you had a vasectomy? (VASP) (Circle One) Yes No

Have you had a vasectomy reversed? (VASR) (Circle One) Yes No

(SPCN) Was specimen collected in (Circle One) Glass (GLASS) Plastic (PLAST)
Condom (CONDM) Fertility condom (supplied by the doctor) (FCOND) Other container

(SPCOL) Method of collection (Circle One)
Masturbation (MAST) Post-coital (after sex) (POSTC) Withdrawal (during sex) (WITHD)

(SPTRN) Transportation of specimen Was the specimen kept at body temperature? (Circle One) Yes No

(SPSUB) Is this the entire specimen? (Circle One) Yes No

Were there any spills or leaks during collection or transport? (Circle One) Yes No

Thank you. All information provided is confidential and is provided only to your physician to aid him/her in evaluating your results.
